Unit 2A - Call the doctor?

*Help save lives – p.14 + First aid quiz on p. 105 and 109:*

1. to choke; to lean sb. backwards; to lean against the wall; to hit sb. firmly/hard between the shoulder blades; to call the emergency services;
2. to burn oneself – a burn (noun); to cool the burn under running water; it will be less painful (noun pain – adj. painful/painless); to reduce swelling and scarring; (something swells – than it is swollen; to scar yourself – to have a scar); urgent medical treatment; to prevent infection;
3. to bleed – (noun) blood; put pressure on the wound; to slow down bleeding; keep pressure until help arrives;
4. nosebleed; to cover the wound; to treat – (noun) treatment;. lean the head forward; to pinch (somebody); get medical advice
5. to collapse; to check if the person is breathing; tilt the head back so that the tongue is not blocking the airway; check if the chest is moving;
6. put a bandage on the leg; use a cushion to prevent unnecessary movement; don’t try to straighten the leg; straight – (verb) straighten

*Confession of a cyberchondriac (p.16):*

To feel under the weather; to go and **see your GP**; to examine a patient; a heart rate; it scared me; I convinced them I need an operation – to operate on somebody; I have been obsessively checking my heart rate: to be obsessive about st/to have obsession; faulty machine; life-threatening illness; brain tumor; people assume that if they type…; to **look up** information on the Internet; alternative **remedy**; miracle cure – to cure/a cure;

*Listening – ex. 6, p.17:*

**To look up** symptoms on health websites; skin can be **itchy** (it **itches**; then you feel you have **to scratch** yourself all the time); he was **convinced** he **suffered from** some terrible illness; to **get sunburnt**; blood pressure; diagnosis depends on many things; get information (no plural!) about latest research and new treatments; to worry about cholesterol level/eyesight;

*Workbook –reading – ex. 1 (p. 11)*

Belief (to believe – a belief);

**1st myth:** concept of self-improvement (to improve – improvement); to develop one’s abilities; no part of the brain is silent of **inactive** (active – inactive);

**2nd myth:** It is **unlikely** (likely – unlikely) for the hair to grow back thicker; it hasn’t been lightened by the sun (adj. light – verb: lighten); it lacks the finer point ( verb: to lack something)

**3rd myth:** reading in insufficient light (sufficient – insufficient) ruins your eyesight; reading in dim light; there are more **short-sighted** people today than in the past; we **blink** less often;

**4th myth:** some foods **contain** a natural chemical; both chicken and **minced beef**; flow of blood decreases while the body digests.

*Workbook – listening – ex. 5:*

**Speaker one:** suddenly somebody **cried out**; I **raced** round the house; I **grabbed** a towel; to **fold** a towel and press it on the wound; they kept her in hospital for observation (to observe – observation);   
**Speaker two:** one of my more adventurous friend (adventure – adventurous); he was skiing down a slope; he lost control and crashed into a tree; he was in pain;

**Speaker three:** we were in the middle of nowhere; I lay her on her side;

**Speaker four:** suddenly I had a terrible nosebleed; the blood was pouring from my nose; I tried stuffing my nose with tissues;